

RACHEL MESSER, MSN, CRNP, FNP-C

EDUCATION **THE UNIVERSITY OF ALABAMA AT BIRMINGHAM, MASTER OF SCIENCE IN NURSING, DECEMBER 2014**
Family Nurse Practitioner specialization
GPA: 4.0/4.0

THE UNIVERSITY OF ALABAMA, BACHELOR OF SCIENCE IN NURSING, MAY 2009
GPA: 3.55/4.0
Graduated cum laude
Sigma Theta Tau International Honor Society of Nursing member
Multiple President's List and Dean's List distinctions
Sigma Alpha Lambda Honor Society member
Golden Key International Honor Society member
Delta Zeta sorority member, Assistant Scholarship Chair

EXPERIENCE **NURSE PRACTITIONER, HEMATOLOGY AND ONCOLOGY ASSOCIATES OF ALABAMA**
January 2015-Present

Provide care for patients with cancer and blood disorders through a collaborative practice agreement with our four physicians. Perform detailed history and physical assessment, provide pharmacologic and non-pharmacologic symptom management, order and interpret laboratory data and other diagnostic test, and perform patient and family education related to disease process, chemotherapy toxicities, and other medication side effects in the inpatient and outpatient setting. See routine patients as well as sick work-in patients, and new hospital consultations. Collaborate with physicians on choosing chemotherapy treatment regimens based on national guidelines. Perform bone marrow biopsies with physician supervision. Attend weekly multidisciplinary tumor conference where complex patients are discussed to aid in treatment decisions. Completed the ONS/ONCC Chemotherapy Biotherapy Certificate Course in 2014. Co-led the development of a structured program for chemotherapy education visits. Co-led the process of Hematology and Oncology Associates of Alabama becoming an Alabama Board of Nursing CEU Provider.

Help in providing clinic management, specifically of our clinical staff. Assist with performance reviews, coordinating time off coverage for the clinic, and managing disciplinary issues. Perform peer-to-peer conversations with insurance companies. Help in leading our practice as we navigate the new CMS Oncology Care Model, including creating care plans, implementing new documentation, and chart reviews.

REGISTERED NURSE, BROOKWOOD MEDICAL CENTER, SURGICAL INTENSIVE CARE UNIT

June 2009-January 2015

Provided care for complicated postoperative and neurological patients. Anticipated patient needs and communicated with providers regarding changes in patient condition as part of a multidisciplinary team. Experience with ventriculostomy placement and management, invasive monitoring, continuous renal replacement therapy, ventilator management, and titration of vasoactive medications. Code Blue and Rapid Response Team responder.

Achieved CCRN certification from 2012-2015. Basic Life Support, Advanced Cardiac Life Support, and Pediatric Advanced Life Support certification maintained during tenure with SICU. Voluntary work activities included Surgical Intensive Care Unit Practice Council Co-Chairman, Preceptor for New Employee Unit Based Hospital Orientation, Critical Care Practice Council Chairman, routinely functioned as relief charge nurse, Coordinating Council member, Magnet resource nurse, Achieving Clinical Excellence (ACE) Clinical Ladder participant, and American Association of Critical Care Nurses member

PROFESSIONAL
AFFILIATIONS

American Association of Nurse Practitioners
Central Alabama Nurse Practitioner Association
Central Alabama Chapter of the Oncology Nursing Society
Membership Co-Chair
Advanced Practitioner Society for Hematology and Oncology

CERTIFICATION AND
LICENSURE

Alabama Nurse Practitioner License
Alabama Nursing License
American Academy of Nurse Practitioners Family Nurse
Practitioner Certification
Basic Life Support

PRESENTATIONS

Oral Chemotherapy portion of the "HOAA Chemotherapy Education 2019" CEU course, May 2019
Zelboraf Education for Hematology and Oncology Associates of Alabama Nurses, August 2018
Cancer Staging for Brookwood Oncology Nurses, July 2018
Revlimid Education for Hematology and Oncology Associates of Alabama Nurses, May 2018
